

FREE GRAB & GO MEALS FOR KIDS 18 & UNDER MAY 27 - AUGUST 8, 2025

**FREDERICKSBURG
REGIONAL FOOD BANK**

Locust Grove • Stafford • Caroline
Spotsylvania • King George • the
City of Fredericksburg

MEMBER OF
**FEEDING
AMERICA**

NO DISTRIBUTIONS ON JUNE 19, 2025 OR JULY 4, 2025

Parents/Guardians can pick up a box of pre-packed kid-friendly meals for children 18 years of age and under.

Children need not be present to receive a box.

Limit 1 box per child, per week.

EVERY MONDAY STARTING JUNE 2, 2025

8:00 AM - 9:00 AM @ CAROLINE COUNTY YMCA
117422 LIBRARY BLVD, RUTHER GLEN 22546 **(ENDS 8/4)**

5:15 PM - 6:45 PM @ GERMANNA COMMUNITY COLLEGE (LOCUST GROVE)
2130 GERMANNA HWY, LOCUST GROVE 22508 **(ENDS 7/30)**

EVERY TUESDAY STARTING MAY 27, 2025

8:15 AM - 9:45 AM @ PATRIOT PARK
5710 SMITH STATION RD, FREDERICKSBURG 22407 **(ENDS 8/5)**

12:00 PM - 1:30 PM @ WALMART SUPERCENTER (LOCUST GROVE)
2533 GERMANNA HWY, LOCUST GROVE 22508 **(ENDS 7/31)**

6:00 PM - 7:00 PM @ MEADOW EVENT PARK
13048 MEADOW FARM RD, DOSWELL 23047 **(ENDS 8/5)**

EVERY WEDNESDAY STARTING MAY 28, 2025

11:00 AM - 12:30 PM @ NEW LIBERTY BAPTIST CHURCH
33030 SPARTA RD, MILFORD 22514 **(ENDS 8/6)**

12:00 PM - 1:30 PM @ MT TABOR BAPTIST CHURCH
21795 MATTAPONI TRL, MILFORD 22514 **(ENDS 8/6)**

5:15 PM - 6:45 PM @ LE SMOOT MEMORIAL LIBRARY
9533 KINGS HWY, KING GEORGE 22485 **(ENDS 8/6)**

EVERY THURSDAY STARTING MAY 29, 2025

10:30 AM - 12:00 PM @ REHOBOTH UNITED METHODIST CHURCH
18580 PARTLOW RD, BEAVERDAM 23015 **(ENDS 8/7)**

EVERY THURSDAY STARTING JUNE 5, 2025

5:45 PM - 7:00 PM @ STAFFORD HIGH SCHOOL
63 STAFFORD INDIANS LN, FREDERICKSBURG 22405 **(ENDS 8/7)**

EVERY FRIDAY STARTING MAY 30, 2025

10:00 AM - 11:30 AM @ GOOD HOPE BAPTIST CHURCH
17223 GOOD HOPE RD, KING GEORGE 22485 **(ENDS 8/8)**

EVERY FRIDAY STARTING JUNE 6, 2025

4:30 PM - 6:00 PM @ FREDERICKSBURG FIELD HOUSE
3411 SHANNON PARK DR, FREDERICKSBURG 22408 **(ENDS 8/8)**

EVERY SATURDAY STARTING MAY 31, 2025

9:30 AM - 11:00 AM @ WIDEWATER ELEMENTARY SCHOOL
101 DEN RICH RD, STAFFORD 22554 **(ENDS 8/2)**

SUN 
MEALS TO-GO